

Real Support for Real Life: Get to know your Employee Assistance Program

Meet the dedicated EAP Counselors for the
Burbank Studio Lot, Burbank Centre and Glendale Office!

EAP counselors can help you with a range of topics such as:

- Communication with friends & family
- Stress/anxiety
- Traumatic events
- Parenting
- Sleep Habits
- Eating disorders
- Life and career
- Substance use



Bonni Funk, LPCC
Burbank Studio Lot &
Glendale Office



Myda Nazaryan, LCSW
Burbank Centre



Avo Soltanian, LMFT
Burbank Studio Lot &
Glendale Office



Scan the code or call
1-800-952-6676 to
make an
appointment.

EAP benefits are also available 24/7 to you and everyone in your household,
all **at no cost to you.**

Call **1-800-952-6676** to speak to Cigna's dedicated team or Visit
myCigna.com or the **myCigna app** for more information.